

ALPINE ISD SHAC MINUTES – FEBRUARY 25, 2021

The meeting was called to order at approximately 4:05 p.m. in the AISD Data Room. Those in attendance were:

Gayla Owen – AISD Nurse	Courtney Cobb – Cafeteria Director	Kayla McKee – AMS Teacher
Carla Cheatham – AISD LPC	Cody Patterson – AMS Principal	TJ Graham – AHS Health Assist
Verl O'bryant – AES Principal	Beatrice Wright – AMS Health Assist	Lee Sanchez – AHS Principal

Ms. Owen welcomed and thanked those present for attending the meeting. Ms. Owen introduced the AISD Vision/Mission/Goals, stating she would email everyone a copy, asking everyone to review before the next meeting.

The components of the SHAC were discussed; health education, nutrition, mental health education, CPR for the senior class, fitness gram, which is already in place, the puberty, health and hygiene as well as sex education discussion, which is already scheduled for April 20, 2021 at AHS. Tentative date set for March 23, 2021 for AMS, which is being performed by Dr. Taylor McCain and Dr. Adrian Billings. Puberty, health and hygiene will be done by Ms. Owen.

Ms. Owen stated that there were new changes on the wellness policy. Stated that she would get everyone a copy of the new and revised wellness policy. Mrs. Cheatham informed the committee that there were changes and requirements on human sex trafficking, mental health trauma and mental health first aid, as well as dating violence. Mrs. Cheatham stated that she needed to get with Ms. Owen to discuss the policy for mental health first aid.

Ms. Owen invited discussion on community activities which included discussion of already scheduled virtual health fair. Ms. Owen requested volunteers for education videos for website from the administrative team of AISD. Also encouraged administration team to encourage staff, students and outside agencies to participate.

Ms. Owen stated that a Remind would be sent out for the next SHAC meeting inviting parents. Requested that administration keep anyone in mind that would be a good fit for the committee and that we would reach out to those people.

The next SHAC meeting was tentatively scheduled for March 25th at 5:00 p.m. at the Elementary School.

The meeting was adjourned at approximately 5:30 p.m.