

ALPINE PK BREAKFAST

OCT

MENU 2023

BAT BRIDGE AUSTIN



ANNOUNCEMENTS:

Student Holiday
October 9th

Student noon
release/Tea PM
Work Day
October 4th
October 27th

Fruit & Milk choices
daily.

Please note menu is
subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Pancakes w/Bacon

3 Breakfast Burrito
w/Hash Brown

4 Waffles w/Sausage

5 Breakfast Bowl
(Eggs, Potatoes, Biscuit, &
Cheese)

6 Sunrise Sandwich
(Ham, Egg, & Cheese
Croissant)

9 **STUDENT
HOLIDAY**

10 French Toast
w/Sausage

11 Power Breakfast
(Scrambled Eggs, Bacon,
Biscuit, & Gravy)

12 Pancake Wrap
w/yogurt

13 Cheesy Toast
w/Sausage

16 Pancakes w/Bacon

17 Breakfast Bowl
(Eggs, Potatoes, Biscuit, &
Cheese)

18 Breakfast Pizza

19 Sunrise Sandwich
(Ham, Egg, & Cheese
Croissant)

20 Breakfast Burrito
w/Hashbrown

23 Sausage Kolache
w/Yogurt

24 Breakfast Taquito

25 Power Breakfast
(Scrambled Eggs, Bacon,
Biscuit, & Gravy)

26 Breakfast Pizza

27 French Toast w/Sausage

30 Pancakes w/Bacon

31 Breakfast Burrito
w/Hash Brown



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ALPINE K-12TH BREAKFAST

OCT

MENU 2023

BAT BRIDGE AUSTIN



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Student Holiday
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Student noon
release/Tea PM
Work Day
October 4th
October 27th

Fruit & Milk choices
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MONDAY

2
Pancakes w/Bacon
Or
Cereal Choice w/Toast

TUESDAY

3
Breakfast Burrito
w/Hash Brown
Or
Cereal Choice
w/Toast

WEDNESDAY

4
Waffles w/Sausage
Or
Cereal Choice
w/Toast

THURSDAY

5
Breakfast Bowl
(Eggs, Potatoes, Biscuit, &
Cheese)
Or
Cereal Choice
w/Toast

FRIDAY

6
Donut w/Sausage
Or
Cereal Choice
w/Toast

9
**STUDENT
HOLIDAY**

10
Dutch Waffle
w/Sausage
Or
Cereal Choice w/Toast

11
Power Breakfast
(Scrambled Eggs, Bacon,
Biscuit, & Gravy)
Or
Cereal Choice w/Toast

12
Pancake Wrap
Or
Cereal Choice w/Toast

13
Cinnamon Roll
w/Sausage
Or
Cereal Choice
w/Toast

16
Pancakes w/Bacon
Or
Cereal Choice w/Toast

17
Breakfast Bowl
(Eggs, Potatoes, Biscuit, &
Cheese)
Or
Cereal Choice w/Toast

18
Breakfast Pizza
Or
Cereal Choice w/Toast

19
Sunrise Sandwich
(Ham, Egg, & Cheese
Croissant)
Or
Cereal Choice w/Toast

20
Breakfast Burrito
w/Hashbrown
Or
Cereal Choice w/Toast

23
Sausage Kolache
w/Yogurt
Or
Cereal Choice w/Toast

24
Breakfast Taquito
Or
Cereal Choice w/Toast

25
Power Breakfast
(Scrambled Eggs, Bacon,
Biscuit, & Gravy)
Or
Cereal Choice w/Toast

26
Breakfast Pizza
Or
Cereal Choice w/Toast

27
French Toast w/Sausage
Or
Cereal Choice w/Toast

30
Pancakes w/Bacon
Or
Cereal Choice w/Toast

31
Breakfast Burrito
Or
Cereal Choice
w/Toast



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ALPINE PK LUNCH

OCT MENU 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Crispy Chicken Drumstick
w/Biscuit

3
Frito Pie
Refried Beans

4
Boneless Chicken Wings
Carrot Coins

5
Lasagna w/Breadsticks
Fresh Broccoli

6
Chicken Parmesan
Savory Green Beans

9
**STUDENT
HOLIDAY**

10
Nachos Grande
Refried Beans

11
Spaghetti w/Breadsticks
Garden Salad
Fruity Gelatin

12
Asian Bowl w/ Egg Roll
Broccoli

13
Cheese or Pepperoni Pizza
Savory Green Beans

16
Steak Fingers w/Roll
Mashed Potatoes

17
Tex-Mex Stack
Refried Beans

18
Chicken Alfredo
w/Breadsticks
Savory Green Beans

19
Popcorn Chicken
Golden Corn

20
Hot Dog
Seasoned Curly Fries
Snowball Salad

23
Meat & Cheese Chalupa
Refried Beans

24
Chili Cheese Totchos
w/Hot Roll

25
Crispy Chicken Nuggets
Mac & Cheese
Yellow Squash

26
X-treme Burrito
Golden Corn

27
Hamburger or
Cheeseburger
Fresh Garden Salad

30
Crispy Chicken Drumstick
w/Biscuit

31
Frito Pie
Refried Beans

BAT BRIDGE AUSTIN



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October 4th
October 27th

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ALPINE K-8TH LUNCH

OCT

MENU 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Crispy Chicken Drumstick
w/Biscuit
Fresh Garden Salad
Fresh Tomato Cup

3
Frito Pie
Refried Beans
Fresh Veggie Cup
Fresh Baked Cookie

4
Boneless Chicken Wings
w/Chips
Fresh Celery Sticks
Carrot Coins
Frozen Sherbet

5
Lasagna w/Breadsticks
Fresh Broccoli
Cinnamon Applesauce

6
Chicken Parmesan w/Hot
Roll
Savory Green Beans
Golden Corn

**STUDENT
HOLIDAY**

9
Nachos Grande
Refried Beans
Fresh Cucumber Slices
Ice Cream Cup

10
Spaghetti w/Breadsticks
Fresh Veggie Cup
Garden Salad
Fruity Gelatin

11
Asian Bowl w/ Egg Roll
Broccoli
Golden Corn

12
Cheese or Pepperoni Pizza
Carrot Coins
Savory Green Beans
Fresh Baked Cookie

13
Chicken Fried Steak w/ Hot
Roll
Mashed Potatoes
Crispy Okra

14
Tex-Mex Stack
Spanish Rice
Refried Beans
Carrot Coins
Sherbet Cup

15
Chicken Alfredo
w/Breadsticks
Fresh Garden Salad
Savory Green Beans

16
Popcorn Chicken
Golden Corn
Crunchy Broccoli Salad
Fresh Baked Cookie

17
Hot Dog
Seasoned Curly Fries
Fresh Tomato Cup
Snowball Salad

18
Meat & Cheese Chalupa
Spanish Rice
Refried Beans
Golden Corn
Pudding cup

19
Chili Cheese Totchos
w/Hot Roll
Fresh Veggie Cup

20
Crispy Chicken Nuggets
Mac & Cheese
Fresh Carrot Sticks
Yellow Squash

21
X-treme Burrito
Golden Corn
Fresh Cucumber Slices
Fresh Baked Cookie

22
Hamburger or
Cheeseburger
w/Chips
Fresh Garden Salad
Fresh Tomato Cup

23
Crispy Chicken Drumstick
w/Biscuit
Fresh Garden Salad
Fresh Tomato Cup

24
Frito Pie
Refried Beans
Fresh Veggie Cup
Fresh Baked Cookie



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ALPINE HIGH SCHOOL LUNCH

OCT

MENU 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2
Crispy Chicken Drumstick
w/Biscuit
Fresh Garden Salad
Fresh Tomato Cup

3
Frito Pie
Refried Beans
Fresh Veggie Cup
Fresh Baked Cookie

4
Boneless Chicken Wings
w/Chips
Fresh Celery Sticks
Carrot Coins
Frozen Sherbet

5
Lasagna w/Breadsticks
Fresh Broccoli
Cinnamon Applesauce

6
Chicken Parmesan w/Hot
Roll
Savory Green Beans
Golden Corn

9
**STUDENT
HOLIDAY**

10
Nachos Grande
Refried Beans
Fresh Cucumber Slices
Ice Cream Cup

11
Spaghetti w/Breadsticks
Fresh Veggie Cup
Garden Salad
Fruity Gelatin

12
Asian Bowl w/ Egg Roll
Broccoli
Golden Corn

13
Cheese or Pepperoni Pizza
Carrot Coins
Savory Green Beans
Fresh Baked Cookie

16
Chicken Fried Steak w/ Hot
Roll
Mashed Potatoes
Crispy Okra

17
Tex-Mex Stack
Spanish Rice
Refried Beans
Carrot Coins
Sherbet Cup

18
Chicken Alfredo
w/Breadsticks
Fresh Garden Salad
Savory Green Beans

19
Popcorn Chicken
Golden Corn
Crunchy Broccoli Salad
Fresh Baked Cookie

20
Hot Dog
Seasoned Curly Fries
Fresh Tomato Cup
Snowball Salad

23
Enchiladas
Spanish Rice
Refried Beans
Golden Corn
Pudding cup

24
Chili Cheese Totchos
w/Hot Roll
Fresh Veggie Cup

25
Crispy Chicken Nuggets
Mac & Cheese
Fresh Carrot Sticks
Yellow Squash

26
X-treme Burrito
Golden Corn
Fresh Cucumber Slices
Fresh Baked Cookie

27
Hamburger or
Cheeseburger
w/Chips
Fresh Garden Salad
Fresh Tomato Cup

30
Crispy Chicken Drumstick
w/Biscuit
Fresh Garden Salad
Fresh Tomato Cup

31
Frito Pie
Refried Beans
Fresh Veggie Cup
Fresh Baked Cookie

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