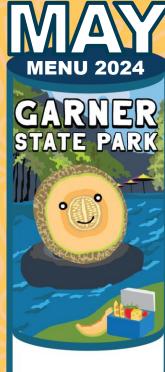
ALPINE PK BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Waffles w/Sausage	2 Breakfast Bowl (Eggs, Potatoes, Biscuit, & Cheese)	3 Sunrise Sandwich (Ham, Egg, & Cheese Croissant)
6 Breakfast Pizza	7 French Toast w/Sausage	8 Power Breakfast (Scrambled Eggs, Bacon, Biscuit, & Gravy)	9 Pancake Wrap	Cheesy Toast w/Sausage
Pancakes w/Bacon	Breakfast Bowl (Eggs, Potatoes, Biscuit, & Cheese)	15 Breakfast Pizza	Sunrise Sandwich (Ham, Egg, & Cheese Croissant)	17 Breakfast Burrito w/Hashbrown
Sausage Kolache w/Yogurt	21 Breakfast Taquito	Power Breakfast (Scrambled Eggs, Bacon, Biscuit, & Gravy)	23 Breakfast Pizza	24
27	28	29	30	31



ANNOUNCEMENTS:

Student/Staff noon release May 17th

Last Day of School May 23rd!!

Have a great summer!!!

Fruit & milk choices offered daily

Please note menu is subject to change

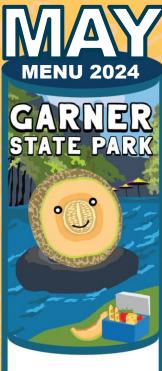




Updated 5/1/2024 www.SquareMeals.org

ALPINE K-12TH BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Waffles w/Sausage Or Cereal Choice w/Toast	2 Breakfast Bowl (Eggs, Potatoes, Biscuit, & Cheese) Or Cereal Choice w/Toast	3 Donut w/Sausage Or Cereal Choice w/Toast
6 Breakfast Pizza Or Cereal Choice w/Toast	7 Dutch Waffle w/Sausage Or Cereal Choice w/Toast	8 Power Breakfast (Scrambled Eggs, Bacon, Biscuit, & Gravy) Or Cereal Choice w/Toast	9 Pancake Wrap Or Cereal Choice w/Toast	Cinnamon Roll w/Sausage Or Cereal Choice w/Toast
Pancakes w/Bacon Or Cereal Choice w/Toast	Breakfast Bowl (Eggs, Potatoes, Biscuit, & Cheese) Or Cereal Choice w/Toast	Breakfast Pizza Or Cereal Choice w/Toast	Sunrise Sandwich (Ham, Egg, & Cheese Croissant) Or Cereal Choice w/Toast	Breakfast Burrito w/Hashbrown Or Cereal Choice w/Toast
20 Sausage Kolache w/Yogurt Or Cereal Choice w/Toast	21 Breakfast Taquito Or Cereal Choice w/Toast	Power Breakfast (Scrambled Eggs, Bacon, Biscuit, & Gravy) Or Cereal Choice w/Toast	23 Breakfast Pizza Or Cereal Choice w/Toast	24
27	28	29	30	31



ANNOUNCEMENTS:

Student/Staff noon release May 17th

Last Day of School May 23rd!!

Have a great summer!!!

Fruit & milk choices offered daily

Please note menu is subject to change

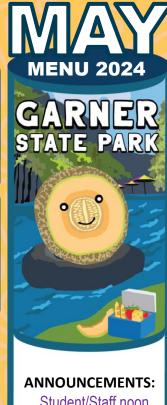




Updated 5/1/2024 www.SquareMeals.org

ALPINE PK LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Crispy Chicken Nuggets Mac & Cheese Yellow Squash	2 X-treme Burrito Golden Corn	3 Hamburger or Cheeseburger Fresh Garden Salad
6 Crispy Chicken Drumstick w/Biscuit	7 Frito Pie Refried Beans	8 Lasagna w/Breadsticks Fresh Broccoli	9 Boneless Chicken Wings Carrot Coins	Steak Fingers w/Hot Roll Savory Green Beans
Spaghetti w/Breadsticks Garden Salad	Quesadilla Refried Beans	Asian Bowl w/ Egg Roll Broccoli	16 Cheese or Pepperoni Pizza Carrot Coins	Corn Dog French Fries
Chicken Fried Steak w/ Hot Roll Mashed Potatoes	Tex-Mex Stack Refried Beans	Popcorn Chicken Golden Corn	Hot Dog Fresh Tomato Cup Snowball Salad	24
27	28	29	30	31



Student/Staff noon release May 17th

Last Day of School May 23rd!!

Have a great summer!!!

Fruit & milk choices offered daily

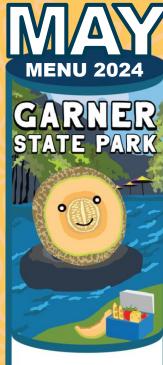
Please note menu is subject to change





ALPINE K-8TH LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Crispy Chicken Nuggets Mac & Cheese Fresh Carrot Sticks Yellow Squash	2 X-treme Burrito Golden Corn Fresh Cucumber Slices Fresh Baked Cookie	Hamburger or Cheeseburger w/Chips Fresh Garden Salad Fresh Tomato Cup
6 Crispy Chicken Drumstick w/Biscuit Fresh Garden Salad Fresh Tomato Cup	7 Frito Pie Refried Beans Fresh Veggie Cup Fresh Baked Cookie	8 Lasagna w/Breadsticks Fresh Broccoli Cinnamon Applesauce	9 Boneless Chicken Wings w/Chips Fresh Celery Sticks Carrot Coins Frozen Sherbet	Steak Fingers w/Hot Roll Savory Green Beans Golden Corn
Spaghetti w/Breadsticks Fresh Veggie Cup Garden Salad Fruity Gelatin	Quesadilla Refried Beans Fresh Cucumber Slices Ice Cream Cup	Asian Bowl w/ Egg Roll Broccoli Golden Corn	16 Cheese or Pepperoni Pizza Carrot Coins Savory Green Beans Fresh Baked Cookie	Corn Dog French Fries Fresh Tomato Cup
Chicken Fried Steak w/ Hot Roll Mashed Potatoes Crispy Okra	Tex-Mex Stack Spanish Rice Refried Beans Carrot Coins Sherbet Cup	Popcorn Chicken Golden Corn Crunchy Broccoli Salad Fresh Baked Cookie	Hot Dog Fresh Tomato Cup Snowball Salad	24
27	28	29	30	31



ANNOUNCEMENTS:

Student/Staff noon release May 17th

Last Day of School May 23rd!!

Have a great summer!!!

Fruit & milk choices offered daily

Please note menu is subject to change

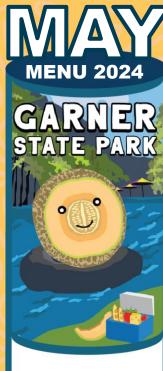




Updated 5/1/2024 www.SquareMeals.org

ALPINE HIGH SCHOOL LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Crispy Chicken Nuggets Mac & Cheese Fresh Carrot Sticks Yellow Squash	2 X-treme Burrito Golden Corn Fresh Cucumber Slices Fresh Baked Cookie	3 Hamburger or Cheeseburger w/Chips Fresh Garden Salad Fresh Tomato Cup
6 Crispy Chicken Drumstick w/Biscuit Fresh Garden Salad Fresh Tomato Cup	7 Frito Pie Refried Beans Fresh Veggie Cup Fresh Baked Cookie	8 Lasagna w/Breadsticks Fresh Broccoli Cinnamon Applesauce	9 Boneless Chicken Wings w/Chips Fresh Celery Sticks Carrot Coins Frozen Sherbet	Steak Fingers w/Hot Roll Savory Green Beans Golden Corn
Spaghetti w/Breadsticks Fresh Veggie Cup Garden Salad Fruity Gelatin	Quesadilla Refried Beans Fresh Cucumber Slices Ice Cream Cup	Asian Bowl w/ Egg Roll Broccoli Golden Corn	16 Cheese or Pepperoni Pizza Carrot Coins Savory Green Beans Fresh Baked Cookie	Corn Dog French Fries Fresh Tomato Cup
Chicken Fried Steak w/ Hot Roll Mashed Potatoes Crispy Okra	Tex-Mex Stack Spanish Rice Refried Beans Carrot Coins Sherbet Cup	Popcorn Chicken Golden Corn Crunchy Broccoli Salad Fresh Baked Cookie	Hot Dog Fresh Tomato Cup Snowball Salad	24
27	28	29	30	31



ANNOUNCEMENTS:

Student/Staff noon release May 17th

Last Day of School May 23rd!!

Have a great summer!!!

Fruit & milk choices offered daily

Please note menu is subject to change



