

ALPINE PK BREAKFAST

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

Welcome Back!!!

Fresh Fruit, Juice and Milk Choices offered daily.

Staff/Student noon release on September 18th

Please note menu is subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

15

French Toast w/Sausage

FIRST DAY OF SCHOOL

16

Power Breakfast (Scrambled Eggs, Bacon, Biscuits, & Gravy)

17

Pancake Wrap w/Yogurt

18

Cheesy Toast w/Sausage

21

Pancakes w/Bacon

22

Breakfast Bowl (Eggs, Potatoes, Biscuit, & Cheese)

23

Breakfast Pizza

24

Sunrise Sandwich (Ham, Egg, & Cheese Croissant)

25

Breakfast Burrito w/Hashbrown

28

Sausage Kolache w/Yogurt

29

Breakfast Taquito

30

Power Breakfast (Scrambled Eggs, Bacon, Biscuit, & Gravy)

31

Breakfast Pizza



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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ALPINE K-12 BREAKFAST

AUG

MENU 2023

DIOSAUR VALLEY
STATE PARK



ANNOUNCEMENTS:

Welcome
Back!!!

Fresh Fruit, Juice and
Milk Choices offered
daily.

Staff/Student noon
release on
September 18th

Please note menu is
subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

15

Dutch Waffle
w/Sausage
Or
Cereal w/Toast

FIRST DAY OF SCHOOL

16

Power Breakfast
(Scrambled Eggs, Bacon,
Biscuits, & Gravy)
Or
Cereal w/Toast

17

Pancake Wrap
w/Yogurt
Or
Cereal Choice w/Toast

18

Cinnamon Roll
w/Sausage
Or
Cereal Choice w/Toast

21

Pancakes w/Bacon
Or
Cereal Choice w/Toast

22

Breakfast Bowl
(Eggs, Potatoes, Biscuit, &
Cheese)
Or
Cereal Choice w/Toast

23

Breakfast Pizza
Or
Cereal Choice w/Toast

24

Sunrise Sandwich
(Ham, Egg, & Cheese
Crossiant)
Or
Cereal Choice w/Toast

25

Breakfast Burrito
w/Hashbrown
Or
Cereal Choice w/Toast

28

Sausage Kolache
w/Yogurt

29

Breakfast Taquito
Or
Cereal Choice w/Toast

30

Power Breakfast
(Scrambled Eggs, Bacon,
Biscuit, & Gravy)
Or
Cereal Choice w/Toast

31

Breakfast Pizza
Or
Cereal Choice w/Toast



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ALPINE PK LUNCH

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

Welcome
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Fresh Fruit, Juice and
Milk Choices offered
daily.

Staff/Student noon
release on
September 18th

Please note menu is
subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

15
Quesadilla
Refried Beans
Fresh Cucumber Slices Ice
Cream Cup
FIRST DAY OF SCHOOL

16
Asian Bowl w/ Egg Roll
Broccoli
Golden Corn

17
Cheese or Pepperoni Pizza
Carrot Coins
Savory Green Beans
Fresh Baked Cookie

18
Corn Dog
French Fries
Fresh Tomato Cup
**Student/Staff Noon
Release**

21
Chicken Fried Steak w/
Hot Roll
Mashed Potatoes
Crispy Okra

22
Tex-Mex Stack
Spanish Rice
Refried Beans
Carrot Coins
Sherbet Cup

23
Chicken Alfredo
w/Breadsticks
Fresh Garden Salad
Savory Green Beans

24
Ranchero Wrap
Golden Corn
Crunchy Broccoli Salad
Fresh Baked Cookie

25
Hot Dog
Seasoned Curly Fries
Fresh Tomato Cup
Snowball Salad

28
Meat & Cheese Chalupas
Refried Beans
Golden Corn
Pudding cup

29
Chili Cheese Totchos
w/Hot Roll
Fresh Veggie Cup

30
Crispy Chicken Nuggets
Mac & Cheese
Fresh Carrot Sticks
Yellow Squash

31
Hamburger or
Cheeseburger
w/Chips
Fresh Garden Salad
Fresh Tomato Cup



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ALPINE K-8TH LUNCH

AUG

MENU 2023

DINOSAUR VALLEY STATE PARK



ANNOUNCEMENTS:

Welcome
Back!!!

Fresh Fruit, Juice and
Milk Choices offered
daily.

Staff/Student noon
release on
September 18th

Please note menu is
subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

15
Quesadilla
Refried Beans
Fresh Cucumber Slices
Ice Cream Cup
FIRST DAY OF SCHOOL

16
Asian Bowl w/ Egg Roll
Broccoli
Golden Corn

17
Cheese or Pepperoni Pizza
Carrot Coins
Savory Green Beans
Fresh Baked Cookie

18
Corn Dog
French Fries
Fresh Tomato Cup
**Student/Staff Noon
Release**

21
Chicken Fried Steak w/
Hot Roll
Mashed Potatoes
Crispy Okra

22
Tex-Mex Stack
Spanish Rice
Refried Beans
Carrot Coins
Sherbet Cup

23
Chicken Alfredo
w/Breadsticks
Fresh Garden Salad
Savory Green Beans

24
Ranchero Wrap
Golden Corn
Crunchy Broccoli Salad
Fresh Baked Cookie

25
Hot Dog
Seasoned Curly Fries
Fresh Tomato Cup
Snowball Salad

28
Meat & Cheese Chalupas
Refried Beans
Golden Corn
Pudding cup

29
Chili Cheese Totchos
w/Hot Roll
Fresh Veggie Cup

30
Crispy Chicken Nuggets
Mac & Cheese
Fresh Carrot Sticks
Yellow Squash

31
Hamburger or
Cheeseburger
w/Chips
Fresh Garden Salad
Fresh Tomato Cup



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ALPINE HIGH SCHOOL LUNCH

AUG

MENU 2023

DIOSAUR VALLEY
STATE PARK



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Milk Choices offered
daily.

Staff/Student noon
release on
September 18th

Please note menu is
subject to change

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

15
Quesadilla
Refried Beans
Fresh Cucumber Slices
Ice Cream Cup
FIRST DAY OF SCHOOL

16
Asian Bowl w/ Egg Roll
Broccoli
Golden Corn

17
Cheese or Pepperoni Pizza
Carrot Coins
Savory Green Beans
Fresh Baked Cookie

18
Corn Dog
French Fries
Fresh Tomato Cup
**Student/Staff Noon
Release**

21
Chicken Fried Steak w/
Hot Roll
Mashed Potatoes
Crispy Okra

22
Tex-Mex Stack
Spanish Rice
Refried Beans
Carrot Coins
Sherbet Cup

23
Chicken Alfredo
w/Breadsticks
Fresh Garden Salad
Savory Green Beans

24
Ranchero Wrap
Golden Corn
Crunchy Broccoli Salad
Fresh Baked Cookie

25
Hot Dog
Seasoned Curly Fries
Fresh Tomato Cup
Snowball Salad

28
Enchiladas
Refried Beans
Golden Corn
Pudding cup

29
Chili Cheese Totchos
w/Hot Roll
Fresh Veggie Cup

30
Crispy Chicken Nuggets
Mac & Cheese
Fresh Carrot Sticks
Yellow Squash

31
Hamburger or
Cheeseburger
w/Chips
Fresh Garden Salad
Fresh Tomato Cup



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