



# REGION I-AA TRACK AND FIELD CHAMPIONSHIP MEET

## RATLIFF STADIUM, ODESSA

*DAY 1*  
*TUESDAY, MAY 19, 2009*

GATES OPEN AT 7:30 A.M.

***Events featuring our Alpine athletes are highlighted in bold italics!***

### Field Events

**9:30 a.m.**

|                          |                     |
|--------------------------|---------------------|
| High Jump                | Boys                |
| Long Jump                | Girls               |
| Discus                   | Girls               |
| <b><i>Pole Vault</i></b> | <b><i>Girls</i></b> |
| <b><i>Shot Put</i></b>   | <b><i>Boys</i></b>  |

**12:00 p.m.**

|                         |                    |
|-------------------------|--------------------|
| High Jump               | Girls              |
| Discus                  | Boys               |
| <b><i>Long Jump</i></b> | <b><i>Boys</i></b> |
| Shot Put                | Girls              |

### Final Running Events

**9:30 a.m.**

|                          |                    |
|--------------------------|--------------------|
| 3200 Meter               | Girls              |
| <b><i>3200 Meter</i></b> | <b><i>Boys</i></b> |
| (1 heat alley start)     |                    |

### Preliminary Running Events (rolling schedule)

2:00 p.m.

|                                |       |
|--------------------------------|-------|
| 400 Meter Relay                | Girls |
| 400 Meter Relay                | Boys  |
| 800 Meter Run                  | Girls |
| 800 Meter Run                  | Boys  |
| 100 Meter Hurdles (33 inch)    | Girls |
| 110 Meter High Hurdles         | Boys  |
| 100 Meter Dash                 | Girls |
| 100 Meter Dash                 | Boys  |
| 800 Meter Relay                | Girls |
| 800 Meter Relay                | Boys  |
| 400 Meter Dash                 | Girls |
| 400 Meter Dash                 | Boys  |
| 300 Meter Intermediate Hurdles | Girls |
| 300 Meter Intermediate Hurdles | Boys  |
| 200 Meter Dash                 | Girls |
| 200 Meter Dash                 | Boys  |

There will be a 30 minute break after this event.

|                  |       |
|------------------|-------|
| 1600 Meter Relay | Girls |
| 1600 Meter Relay | Boys  |

REGION I-AA TRACK AND FIELD CHAMPIONSHIP MEET  
RATLIFF STADIUM, ODESSA

DAY 2  
WEDNESDAY, MAY 20, 2009

GATES OPEN AT 7:30 A.M.

***Events featuring our Alpine athletes are highlighted in bold italics!***

Field Events

**9:00 a.m.**

Triple Jump  
***Triple Jump***  
***Pole Vault***

Girls  
***Boys***  
***Boys***

Final Running Events

1:15 p.m.

400 Meter Relay

Girls

1:25 p.m.

400 Meter Relay

Boys

1:35 p.m.

800 Meter Run

Girls

1:45 p.m.

800 Meter Run

Boys

1:55 p.m.

100 Meter Hurdles (33 inch)

Girls

2:05 p.m.

110 Meter High Hurdles

Boys

2:15 p.m.

100 Meter Dash

Girls

2:25 p.m.

100 Meter Dash

Boys

2:35 p.m.

800 Meter Relay

Girls

2:45 p.m.

800 Meter Relay

Boys

2:55 p.m.

400 Meter Dash

Girls

3:05 p.m.

400 Meter Dash

Boys

3:15 p.m.

300 Meter Intermediate Hurdles

Girls

3:25 p.m.

300 Meter Intermediate Hurdles

Boys

3:35 p.m.

200 Meter Dash

Girls

3:45 p.m.

200 Meter Dash

Boys

3:55 p.m.

1600 Meter Run

Girls

**4:05 p.m.**

***1600 Meter Run***

***Boys***

4:15 p.m.

1600 Meter Relay

Girls

4:25 p.m.

1600 Meter Relay

Boys